

THIS WEEK'S SAVINGS

MAR 22 - MAR 28, 2019

NEW!!! CRAVE FROZEN ENTRÉE

283G-340G

\$3.99 EACH

KOOL AID JAMMERS 10x180ML

\$3.00 EACH

McCain FRIES 900G

\$2.49 EACH

NESTLE PURE LIFE WATER 12x500ML

\$2.49 EACH

PEPSI OR COKE PRODUCTS 2L

\$1.99 EACH + TAXES

PORK LOIN CHOPS OR ROAST CENTRE CUT

\$2.99/LB

BROWSE OUR WEEKLY SALES FLYER FOR MORE SAVINGS

IN OUR PRODUCE, DAIRY, DELI, FROZEN, MEAT, AND GROCERY DEPARTMENTS

ENGLISH RIVER TRAVEL CENTRE

BEAUVAL

UNLEADED - DIESEL

C-STORE - CAFÉ

CLEAN BATHROOMS

FAST FRIENDLY SERVICE

7:30 AM - 10:30 PM

UNLEADED FUEL

Gas Bar Hours

Daily 7:00am - 10:30pm

General Store Hours

Mon-Wed 8:00am - 6:00pm

Thurs-Sat 8:00am - 9:00pm

Sun & Holidays 12:00pm - 5:00pm

Restaurant Hours

Mon-Sat 7:00am - 8:00pm

Sun 8:00am - 8:00pm

Check out our Weekly Grocery Sales Flyer !



CIPI NEWSLETTER

Volume 35 Issue 6

Friday, March 22nd, 2019

CIPI NEWS

**In case of a serious
Emergency call 911**

FIRE911
AMBULANCE911
POLICE306-288-6400
CLINIC306-288-4800
Ile-x Hospital....1-306-833-2016
Kids Help Line 1-800-668-6868

CIPI TV BINGO

Sipishk Communications Incorporated
Friday, March 22nd, 2019
7:30pm on Cable 5, Digital 365 /96.5FM

Power Ball - \$2100.00

can only be won on Bonanza

Early Bird - 3up - \$5.00

45#'s pre-called

\$1000.00

in 52#'s or less

Consolation: \$200

1st Series - 1up - \$2.00

Standard Start: \$50.00

Two Lines: \$75.00

Caller's Choice: \$100.00

Large Frame: \$125.00

Blackout: \$400.00

2nd Series - 1up - \$2.00

Standard Start: \$50.00

Two Lines: \$75.00

Caller's Choice: \$100.00

Large Frame: \$125.00

Blackout: \$400.00

Bonanza - 2up - \$5.00

Standard Start: \$50.00

Two Lines: \$75.00

Caller's Choice: \$100.00

Large Frame: \$125.00

Blackout:

\$2,000 in 50#'s or less

Consolation: \$500.00

2nd Blackout: \$200.00

**Prizes depend on number of cards sold*

License # MB18-0003

CIPI held its Annual General Meeting on Wednesday, March 13, 2019 at the CIPI Office Boardroom. Annual Activity and Financial reports were presented and approved. There was elections for 3 board members for 2 year terms. Elected are Travis Laliberte, Wehkees Durocher and Tina Maurice (re-elected). Existing Directors are Bill Roy, Nick Daigneault, Myrna Bouvier and Bertha Durocher. The next regular meeting is set for Wednesday, April 24 at 5:00 pm.

After reviewing the rates that we pay to programmers, the Board has decided to increase some cable rates effective April 2019. Digital Basic will increase to \$40.54, Entertainment Two – \$7.95; News Pack – \$8.95; Science & Learning – \$11.95; Variety Two – \$6.95; and All You Can View Package – \$133.33. Taxes not included.

Cable billing will be done on April 5th. Please make arrangements to bring your account up to date as soon as possible.

Spring Thaw is happening! Please be aware of the dangers!

The Village Maintenance crew is busy with water lines breaking. Please make sure children are aware of the dangers of playing near the open pits. Water advisory is in effect for the areas closest to the breaks. The river ice is melting and pose many dangers of children playing near the edges. Please ensure the safety of our children and warn them away from the ice. Beauval Village had some contractors clearing some snow from the areas around town, although this helps with some of the flooding, there are still areas which have deep puddles. Please advise children to stay away from these areas. Otherwise.. Enjoy Spring!

McDeez Confectionary changes ownership

“I had so many mixed emotions about the store. Darryl and I want to say Thank You very much to our customers that we served for over 12 years at MDeez Confectionary. It was a hard decision to make to sell the store but we felt it was time to move on. I would also like to give mention and say Thank you to all the employees that worked for us over the years.

I commend Nick and BDI for taking this opportunity to better serve you and wish them nothing but success!”

Maggie Natomagan

CIPI TV BINGO

Sipishk Communications Incorporated
Sunday, March 24th, 2019
7:30pm on Cable 5, Digital 365 /96.5FM

Power Ball - \$2200.00

can only be won on Bonanza

Early Bird - 3up - \$5.00

45#s pre-called

\$500.00 TO GO

1st Series - 1up - \$2.00

Standard Start: \$50.00

Two Lines: \$75.00

Caller's Choice: \$100.00

Large Frame: \$125.00

Blackout: \$400.00

2nd Series - 1up - \$2.00

Standard Start: \$50.00

Two Lines: \$75.00

Caller's Choice: \$100.00

Large Frame: \$125.00

Blackout: \$400.00

Bonanza - 2up - \$5.00

Standard Start: \$50.00

Two Lines: \$75.00

Caller's Choice: \$100.00

Large Frame: \$125.00

Blackout

\$2000 TO GO

2nd Blackout: \$200.00

*Prizes depend on number of cards sold
License # MB18-0003

St. Mary Magdalene

Sunday, March 24th, 2019

Liturgy @ 10:30 am

CIPI Newsletter

is published twice a month by
Sipishk Communications Inc.
Beauval, SK S0M 0G0
Ph.: 306-288-2222
Editor: Velma J. Roy
cipinewsletter@cipiradio.com
or velma@cipiradio.com

*Deadline for next submissions:
April 3rd @ 3:00 pm
unless arrangements are made.*



& Wide Open Puppet Theater are hosting a LITERACY CARNIVAL

When: March 28th, 2019 Time: 4:00 to 7:30pm
Where: Valley View Community School

This Carnival is to engage in fun ways to promote early literacy in families with children 0 to 6 years olds.

Little Red Riding Hood puppet show followed by fun engaging literacy stations for families. Wrap up with a talking circle (sitters will be available for this portion with a fish tank for the children to enjoy). Supper will be provided.

Pre-register with Megan Garr at 306 288 2022 or register on the day of the event before 4:30pm.

KidsFirst NORTH would like to thank all the organizations who partnered in making this event happen. Without all your support, this event would not be possible.

In loving memory of Clarisse Johnson
March 27th

*Your life was a blessing, Your memory a treasure
You are loved beyond words, And missed beyond measure.
Goodbyes are not forever, Goodbyes are not the end
They simply mean, We miss you until we meet again.*

Lovingly remembered & never forgotten

Sandra, Philip Sr. & family

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6	5	4	9	3	2	7	8	1
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5	7	9	4	6	1	2	3	8
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9	4	1	8	7	6	5	2	3

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Northlands College Come and join us for admissions night!

Students can meet with an advisor at the Buffalo Narrows Campus, complete admission forms, and pay the admission fee. The advisors will be available during this time to provide support and guidance. Next session dates are April 1st & April 18th

Contact Tammy at 306 235 1769 or Jessica at 306 235 1766 for more information or visit trainnorth.ca to find out which courses are available for 2019

Cigarette Prices to Increase

The price of a pack of cigarettes will be increasing as of April 1st – and no, this isn't an April fools prank. The price will be rising to an extra \$3/pack.

Cigars and other tobacco products will also be affected.

It's SPRING CLEAN UP time!

Do you know what to do if you come across a discarded needle?

It is important to remember that discarded needles can cause injury and spread disease. Here's what to do if you find a discarded needle in the Beauval area.

- Tell an adult immediately. Children should not touch the needle.
- An adult should pick the needle up by the end that is not sharp and place it in a strong container with a lid.
- Bring the container to the Beauval health center

For more information, call Loretta Solway, Public Health Nurse

Beauval Baby Shower

April 11th, 2019
BDI Gym at 3:00pm

For babies born from April 2018 to March 2019

For more information, call Deborah at 306 288 4807 or Jennifer at 306 288 8000

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5			6			9		4
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9		6			7			3
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			7		9			
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Enter a number from 1 through 9 in such a way that each row, column, and region contains only one instance of each number.

CIPI TV BINGO

Sipishk Communications Incorporated
Tuesday, March 26th, 2019
7:30pm on Cable 5, Digital 365 /96.5FM

Power Ball - \$2300.00

can only be won on Bonanza

Early Bird - 3up - \$5.00

45#s pre-called

\$1000.00

in 53#s or less

Consolation: \$200

1st Series - 1up - \$2.00

Standard Start: \$50.00

Two Lines: \$75.00

Caller's Choice: \$100.00

Large Frame: \$125.00

Blackout: \$400.00

2nd Series - 1up - \$2.00

Standard Start: \$50.00

Two Lines: \$75.00

Caller's Choice: \$100.00

Large Frame: \$125.00

Blackout: \$400.00

Bonanza - 2up - \$5.00

Standard Start: \$50.00

Two Lines: \$75.00

Caller's Choice: \$100.00

Large Frame: \$125.00

Blackout: \$2,000 in

51#s or less

*Amounts/numbers subject to change if there is a winner

Consolation: \$500.00

2nd Blackout: \$200.00

*Prizes depend on number of cards sold
License # MB18-0003

CIPI NUMBERS

Office: 306-288-2222 - 306-288-2474
Request Line: 306-288-2230
Fax: 306 288 2033
email: cipi@sasktel.net
website: www.cipiradio.com

Saturday	Sunday	Monday
Sunny	Sunny	Sunny
High 1° Low - 14°	High 2° Low - 8°	High 4° Low - 6°

FIND A WORD - 70's Songs

A R E K O J E H T R I C H G I R L T H G
L M B V I E A R E Y H Y W A D Y E T L N
Y L A O I N B S O S O A O A A N E K W I
A O B C G L A R A X T U N V I B C R D M
L S B I A E A W O E A C R K N O I D R A
B U E W R R R N R W I N L S R O B O I E
M P O G O A T L I N N A N E O O C O B R
A E N Y C C O H G Y T S L E F N R L E D
G R O R N O E Q U E A I U K I U G B E S
G S T H K I U N V R D T I G L S F D R E
I T R I A E V I O O P Z S O A I F A F V
E I A A E D J O C T U A W N C R U B S O
M T G N R D R O L M S D R T L D T U E M
A I E N F H R E P S O E A K E U S O Y T
Y O D O E C E O A W U N N L T K T Y E H
O N Y N L L P E N M O N E I O E O S D G
C R A C K L I N R O S I E Y H L H S A I
A K I S L A N D G I R L T V R R I I S N
F A M E S S A L G F O T R A E H O M E E

ANGIE
BABE
BAD BLOOD
BETH
BROWN SUGAR
CAR WASH
CONVOY
CRACKLIN ROSIE
CROCODILE ROCK
DANCING QUEEN
DREAMING
DREAMS

FAME
FREE BIRD
GREASE
HEART OF GLASS
HOT STUFF
HOTEL CALIFORNIA
ISLAND GIRL
JIVE TALKIN
LAYLA
LE FREAK
LOLA
LOVING YOU

LOWDOWN
MACARTHUR PARK
MAGGIE MAY
MISS YOU
MONEY
NIGHT MOVES
OHIO
POP MUZIK
RHIANNON
RHINESTONE COWBOY
RICH GIRL
ROXANNE

SAD EYES
SIR DUKE
STAYIN ALIVE
SUPERSTITION
THE JOKER
TRAGEDY
VENUS
WATERLOO
YOUR SONG

Hidden Word _____

Mental Health First Aid First Nations

- ◆ Have you noticed someone around you whose usual activities have changed?
- ◆ Do you feel worried and unsure how to begin a conversation?
- ◆ MHFA First Nations can help you learn what to say, what to do, and how to support someone in your community.

AIMS OF THE 20-HOUR COURSE

- Strengthen skills to help those concerned about changes affecting their mental wellness.
- Increase awareness of the signs and symptoms related to changes in mental wellness.
- Reduce stigma about mental awareness and provide information about appropriate supports

TOPICS COVERED

- Culture and wellness
- Circles of Support
- Historical loss and trauma
- Mood disorders
- Substance use
- Self-harm
- Psychotic disorders
- Anxiety and trauma-related disorders
- Journey to wellness, restoring balance and practicing self-care

CRISIS FIRST AID INTERVENTIONS FOR

- Suicidal behavior
- Overdose
- Self-harm
- Psychosis
- Acute stress reaction
- Panic attacks

FACILITATED FROM A FIRST NATIONS PERSPECTIVE WHERE

- Storytelling is an important part of learning
- Every First Nation community is unique
- Support looks different in every community
- Communities explore First nations and western practices that enhance mental wellness

The **EAGLE** model:

Engage & evaluate the risk of suicide or harm
Assist the person to seek professional help

Give reassurance and information

Listen without judgement

Encourage self-help strategies and gather community supports

*“The **EAGLE** acronym and holistic approach is rooted in the traditional values and I think that really stands apart from more contemporary or Western medicine.”*

-participant, Hecia Island, Manitoba

Interested in becoming a MHFA First Nations Co-facilitator?

Information on the eligibility criteria to become a co-facilitator and the five-day training course is available at www.mhfa.ca

MHFA First Nations was developed with direct involvement from First Nations academics, health practitioners, community leaders, and pilot co-facilitators and participants.

The Mental Health Commission of Canada (MHCC) collaborates with hundreds of partners to change the attitudes towards mental health problems and illnesses and to improve services and support. Over 200,000 Canadians have trained in MHFA.

Learn more, register for a course or become a co-facilitator
MHFAFirstNations@mentalhealthcommission.ca or
Call 1-866-989-3985 or www.mhfa.ca

**This course will be offered in early May or June.
To register or for more information, call Amanda
at 306 235 7113 or toll free at 1-866-848-8011**

Valley View School is seeking Parents to sit on the School Community Council

The School Community Council is to Develop shared responsibility for the learning success and well-being of all children and youth; and encourage and facilitate parent and community engagement in school planning and improvement processes.

Roles and Responsibilities:

- Understanding the school and its community’s economic, social and health conditions and needs and their aspirations for child and youth learning and well-being and becoming knowledgeable about resources and supports for the school, parents and community.
- Jointly and in cooperation with the Principal and staff of the school, develop and recommend to the Board for approval of a Learning Improvement Plan that is aligned with the Division strategic plan.
- Taking action to fulfil initiatives assigned it within the Learning Improvement Plan.
- Communicating annually to the parents and community on its plans, initiatives and outcomes and on the expenditure of funds related to the operation of the School Community Council.
- Participating in opportunities to develop the capacity of the School Community Council to fulfill its responsibilities.
- Informing all parents, guardians and community members of dates of meetings.
- Convening a meeting at least five (5) times during the school year and an annual meeting each year to provide a channel of communications between the community and the School Community Council.
- Advising the Board on any matter considered to be in the interest of education in the Division.
- Recommending any improvements regarding building and facilities maintenance, and school equipment.
- Making recommendations concerning language of instruction, religious instruction and educational service delivery decision including grade discontinuance.
- Making recommendations to the Board, principals, teachers and other employees about the care of school property in the Division.

School Community Council (SCC) meeting is April 3, 2019 @ 5:30pm Cultural room
Please submit your name to Arlene Hansen or Megan Gar by phone (306) 288-2022 or email: arlenehansen@nlsd113.ca or megangar@nlsd113.ca

Clarence (Tsi-Boy) Iron to broadcast NHL game *-Taken from MBC Radio News File*

Clarence Iron (Canoe Lake) has been given a unique opportunity. Iron has been tasked with doing play-by-play for an NHL game Sunday in Cree between the Montreal Canadiens and Carolina Hurricanes on APTN. Iron says he heard about the gig through social media. “Through Facebook, first of all, my buddies – they seen it and then they told me, ‘There’s an opening there for you. We know that you’ve called play-by-play in Cree and also in English, you should apply for it,’” said Iron. Iron says he didn’t initially apply for the position, but after some thought, he decided to give it a go and was selected. Iron says he has already started preparing for the game. “Every game changes, it’s not all the same players that play – some are injured and some are healthy scratches,” said Iron. “I have been studying the names and the numbers.” Iron will not be at the rink, but he says he will be doing the game from Winnipeg, MB in a studio. In the past, Iron has called various levels of hockey.

Job Opportunity
Broda Group is currently looking for
HEAVY EQUIPMENT/OPERATOR/LABOURERS

To work in a fast paced, safety conscientious, energetic work environment with a strong emphasis on team work. Founded in 1957, Broda Group is a growing Saskatchewan based Mining and Heavy Construction Company, with an operating equipment fleet of over 400 units and growing. Broads specializes in contract mining, infrastructure development involving heavy and civil construction and aggregate processing.

Opportunities for these positions are located at the McClean Lake Uranium Mine.

Candidate duties involve:

- Safety and productively operate equipment in a team environment
- Complete daily equipment checks and general housekeeping of equipment
- General Jobsite cleanup and maintenance and the ability to work outside in all types of weather conditions as a labourer and other assigned duties
- Shift will be 14 days on site and 7 days off

Requirements

- Pre-access Alcohol & Drug testing
- Ground Disturbance Level 1 or 2 would be an asset
- Ability to speak, read, write and understand the primary language used in the workplace
- Past experience in the operation of the equipment and with a strong safety mindset
- Ability to complete preventative maintenance checks
- Ability to maintain focus on tasks at hand
- Ability to act upon observations and relate appropriate company policies and procedures to situation
- Ability to work effectively and efficiently both independently and in a team environment
- Ability and flexibility to work varied shifts, including weekends

We are poised for growth and need your talent and expertise. If you are interested in this exciting opportunity please apply in confidence via fax, mail or email to:

Broda Group
Attn: Human Resources Broda Group
4271 5th Ave East - Prince Albert SK - S6V 7V6
Email: tim.leonard@brodagroup.com
Fax: 306 763 5788 Website: www.brodagroup.com



Wellness Clinic
March 28th, 2019 at 1:00pm
BDI Gym

Blood Pressure check
Information booth on nutrition
Healthy Snacks &
Door prizes

Call Sandra at 1866 848 8011/235 5842 or
Deborah at 306 288 4807

BEAUVAL RCMP NEWS

Storing Firearms Safely

Unload & lock your firearms! Store the ammunition separately or lock it up. It can be stored in the same locked container as the firearms.

Non-Restricted Firearms - attach a secure locking device, such as a trigger lock or cable lock (or remove the bolt) so the firearm cannot be fired or lock the firearms in a cabinet, container or room that is difficult to break in to.

#GUNAMNESTYSK



Beauval RCMP Detachment
306-288-6400
Patuanak RCMP Detachment
306-396-4600

**SASKATCHEWAN ASSOCIATION
OF CHIEFS OF POLICE**