

THIS WEEK'S SAVINGS

MAR. 23 - MAR. 29, 2018

PRESIDENT'S CHOICE POP

12 x 355ML

\$2.99 EACH

PINEAPPLE FRESH & JUICY \$1.99 EACH

LACTANTIA BUTTER 1LB \$4.99 EACH

STRIPLOIN STEAK CLUB PACK \$8.99/LB

NO NAME FLOUR 10KG \$7.99 EACH

GREEN GIANT VEGGIES 398ML 4/\$5.00

**BROWSE OUR WEEKLY SALES FLYER FOR MORE SAVINGS
IN OUR PRODUCE, DAIRY, DELI, FROZEN, MEAT, AND GROCERY DEPARTMENTS**



Check out our Weekly Grocery Sales Flyer!



CIPI NEWSLETTER

Volume 34 Issue 6

Friday, March 23rd, 2018

In case of a serious Emergency call 911

FIRE911
 AMBULANCE911
 POLICE306-288-6400
 CLINIC306-288-4800
 Ile-x Hospital....1-306-833-2016
 Kids Help Line 1-800-668-6868

CIPI TV BINGO
 Sipishk Communications Incorporated
 Friday, March 23rd, 2018
 7:30pm on Cable 5, Digital 365 /96.5FM

Power Ball - \$200.00
 can only be won on Bonanza

Early Bird - 3up - \$5.00
 45#'s pre-called
\$1000.00
 in 55#'s or less
 Consolation: \$200

1st Series - 1up - \$2.00
 Standard Start: \$50.00
 Two Lines: \$75.00
 Caller's Choice: \$100.00
 Large Frame: \$125.00
Blackout: \$400.00

2nd Series - 1up - \$2.00
 Standard Start: \$50.00
 Two Lines: \$75.00
 Caller's Choice: \$100.00
 Large Frame: \$125.00
Blackout: \$400.00

Bonanza - 2up - \$5.00
 Standard Start: \$50.00
 Two Lines: \$75.00
 Caller's Choice: \$100.00
 Large Frame: \$125.00
Blackout:
\$2,000 in 51#'s or less
 Consolation: \$500.00
2nd Blackout: \$200.00
 *Prizes depend on number of cards sold
 License # MB17-0007

CIPI CABLE INC.

CIPI Cable is gearing up to make changes to our Digital Cable Service line-up of channels.

As of April 4th, we will no longer be offering ANALOG Channels and the HD pack will be removed as well.

In the coming weeks, we will be busy installing new equipment for our future changes to take effect in the coming months.

We will be launching new packages and channels soon, the HD channels you have come to enjoy will return as well as other cable channel favorites in HD format.

In preparation, we are offering an affordable rental option on our DCX 3200 unit for \$3.95 monthly with a \$40.00 deposit and a 12 month lease with a 70.00 deposit for \$5.00 a month.

You can come in and purchase a DCX3200 and save \$60 with a purchase price of \$70.00 from now until the end of May.

For those that currently rent a DCT set top box from us, bring it in and swap your machine in for a DCX 3200 for \$3.95 monthly, your rental unit will cover the deposit fee.

For more information on the upcoming changes to our line up or to make arrangements for your DCT set top upgrades, call us at 306 288 2222 or come in and discuss your options.

SPRING 2018 PROMOTION

MOTOROLA DCX 3200

HD digital Box capable of viewing HD Channels
 View MPEG4 format up to 1080p resolution
 HDMI connection recommended for best Video & Audio
 (component cable capable - video, RCA cable - audio)

SAVE \$\$\$ on PURCHASE ONLY PRICE
Purchase: \$70.00 (Save \$60.00!)
 (Only applies to purchase of DCX 3200 only)

Take advantage on this savings during our spring promotion!
 To order, call CIPI Cable at 306 288 2222

CIPI TV BINGO

Sipishk Communications Incorporated
 Sunday, March 25th, 2018
 7:30pm on Cable 5, Digital 365 /96.5FM

Power Ball - \$300.00

can only be won on Bonanza

Early Bird - 3up - \$5.00

45#'s pre-called

\$1000

in 56#'s or less

1st Series - 1up - \$2.00

Standard Start: \$50.00

Two Lines: \$75.00

Caller's Choice: \$100.00

Large Frame: \$125.00

Blackout: \$400.00

2nd Series - 1up - \$2.00

Standard Start: \$50.00

Two Lines: \$75.00

Caller's Choice: \$100.00

Large Frame: \$125.00

Blackout: \$400.00

Bonanza - 2up - \$5.00

Standard Start: \$50.00

Two Lines: \$75.00

Caller's Choice: \$100.00

Large Frame: \$125.00

Blackout

\$2000 in 52#'s or less

Consolation: \$500

*Amounts/numbers subject to change if there is a winner

2nd Blackout: \$200.00

*Prizes depend on number of cards sold

License # MB17-0007

B.R.I.C. Community Supper Meeting

Wednesday, March 28th, 2018

5:30pm at the Community Gym

Come on down to the gym and hear:

- ◆ Reports from the local RCMP & Mayor & Council
- ◆ BURN Youth (Youth Development Gathering) Leroy Laliberte & Guest
- ◆ Open discussion on your concerns as your input is valuable & needed in our community.

Supper will consist of Roast Beef, Mashed Potatoes & buns. We are kindly asking the community members to donate a salad/side dish/dessert. Call Jolene at 306 288 7553 to let her know what you will be bringing or for more information.

There will be a major Door Prize of \$200 to be used at the Beauval General Store. See you there!

STANDARD FIRST AID & CPR TRAINING

April 14th & 15th, 2018

Community Gym - 9:00am each day

Cost: \$150.00

If interested in attending, please call Jolene at 306 288 7553

Ladies Night

Monday, March 26th, 2018

7:00pm - Beauval Community Gym

Snacks & Refreshments - Fun & Games

We will be making Bath Bombs!

Bring a friend, enjoy the night out!



In the past months, a group of volunteers got together to host Prize Bingos for community members who needed help with travel, meal & accommodation expenses due to medical distress. We would like to Thank the community members and local businesses for all their help with donations, to the people who came to support the bingos and to CIPI & CFFC for the donation of bingo cards. We are very proud of Beauval and how they all come together for support.



You might think you don't matter in this world, but because of you...

Someone has a favourite mug to drink their coffee out of each morning that you bought them...

Someone hears a song on the radio and it reminds them of you...

Someone has read a book you recommended to them and gotten lost in it's pages...

Someone's remembered a joke you told them and smiled to themselves on the bus...

Someone's tried on a top and felt beautiful because you complemented them on it...

Someone has a memory that makes them grin that involves you...

Someone now likes themselves that little bit more because you made a passing comment that made them feel good...

Never think you don't have an impact...

your fingerprints can't be wiped away from the little marks of kindness that you've left behind.

CIPI TV BINGO

Sipishk Communications Incorporated
 Tuesday, March 27th, 2018
 7:30pm on Cable 5, Digital 365 /96.5FM

Power Ball - \$400.00

can only be won on Bonanza

Early Bird - 3up - \$5.00

45#'s pre-called

\$1000 in

57#'s or less

Consolation: \$200

1st Series - 1up - \$2.00

Standard Start: \$50.00

Two Lines: \$75.00

Caller's Choice: \$100.00

Large Frame: \$125.00

Blackout: \$400.00

2nd Series - 1up - \$2.00

Standard Start: \$50.00

Two Lines: \$75.00

Caller's Choice: \$100.00

Large Frame: \$125.00

Blackout: \$400.00

Bonanza - 2up - \$5.00

Standard Start: \$50.00

Two Lines: \$75.00

Caller's Choice: \$100.00

Large Frame: \$125.00

Blackout: \$2,000 in

53#'s or less

*Amounts/numbers subject to change if there is a winner

Consolation: \$500.00

2nd Blackout: \$200.00

*Prizes depend on number of cards sold

License # MB17-0007

St. Mary Magdalene

Sunday, March 25th, 2018

Liturgy @ 10:30 am

Readers:

☪ Cecile F.

☪ Mike R.

CIPI Newsletter

is published twice a month by
Sipishk Communications Inc.
 Beauval, SK S0M 0G0
 Ph.: 306-288-2222
 Editor: **Velma J. Roy**
 cipinewsletter@cipiradio.com

Deadline for next submissions:
April 4th @ 3:00 pm
 unless arrangements are made.

**S
u
d
o
k
u**

4	1	8	6	9	3	5	2	7
3	9	7	5	2	1	8	4	6
2	6	5	8	7	4	3	1	9
1	8	3	6	4	9	2	7	5
7	5	9	3	8	2	1	6	4
9	4	2	1	5	7	9	8	3
8	7	1	4	3	6	9	5	2
9	2	9	7	1	5	4	3	8
5	3	4	2	9	8	7	6	1

**A
n
s
w
e
r**

**S
U
D
O
K
U**

			8	6		4		
				1	7		2	
2	5							8
	8	9	7		1			
4								7
			6		9	3	8	
6							9	2
	4		1	2				
		5		9	6			

Enter a number from 1 through 9 in such a way that each row, column, and region contains only one instance of each number.

CIPI NUMBERS

Office: 306-288-2222 or 306-288-2474
 Request Line: 306-288-2230
 Fax: 306 288 2033
 email: cipi@sasktel.net
 website: www.cipiradio.com

Saturday	Sunday	Monday
30% flurries	Sunny	Mix of sun & cloud
High 3° Low -14°	High -5° Low -11°	High -3° Low -9°

FIND A WORD - FLOWERS

Leftover letters will spell out a HIDDEN QUOTATION from Romeo & Juliet

P L A V E N D E R A C R O A R A O S A
 Y I A I N U T E P E D A N E E E R D R
 S U L O I D A L G O G T L S W G C L E
 I C B U Y A N T R Y H N K I O N H O B
 A H A S T E R N O U N C I Y L A I G R
 D R E H T A E H R N O O A G F R D I E
 F Y E O B D D I H H E L E L N D B R G
 O S T W L I U E Y T S M I P R Y E A A
 X A A O O M R L L T N S T H O H L M M
 G N G I E L L D R P I I R E C S L N A
 L T F A S O F O O A H K C M G I F D R
 O H U E H E E N N F C I C A W R L A Y
 V E C O U M E T U O P A N E Y I O F L
 E M H L E D H R T S L A R I S H W F L
 C U S R S U M S F L E L R N U O E O I
 I M I L S G E R A N I U M A A M R D S
 T A A H T A E R B S Y B A B D T A I S
 A S I T A M E L C W O R R A Y I I L S
 T E L O I V B O U V A R D I A W S O E
 S L I L Y S N A P D R A G O N E T E N

- | | | | |
|------------------|---------------|------------|------------|
| ALSTROEMERIA | CORNFLOWER | GOLDEN ROD | PANSY |
| AMARYLLIS | DAFFODIL | HEATHER | PEONY |
| ANTHURIUM | DAISY | HOLLYHOCKS | PETUNIA |
| ASTER | DELPHINIUM | HYACINTH | ROSE |
| BABY'S BREATH | FORGET ME NOT | HYDRANGEA | SNAPDRAGON |
| BELL FLOWER | FOXGLOVE | IRIS | STATICE |
| BIRD OF PARADISE | FREESIA | LAVENDER | STOCK |
| BOUVARDIA | FUCHSIA | LILAC | SUNFLOWER |
| CALLA | GERANIUM | LILY | TULIP |
| CARNATION | GERBERA | LISIANTHUS | VIOLET |
| CHRYSANTHEMUM | GINGER | MARIGOLD | YARROW |
| CLEMATIS | GLADIOLUS | ORCHID | |

Thank you from Don & Leda Corrigan & family

"Where are you? I think there is something seriously wrong with me." These are words of distress that I heard from Don over the phone. I was on the highway on my way to attend a meeting in La Ronge. My mind started racing as I realized the seriousness of his situation. The chain of events that followed as we dealt with his medical distress were all in his favour. The ambulance was in Beauval and they were able to tend to him immediately and transfer him to Ile-a-la-Crosse hospital. The ambulance attendants took very good care of him although he thought the ride itself in the ambulance was so rough.

In the meantime, I was overwhelmed with worry so I headed back to Prince Albert to await the doctor's assessment. I don't know how I was able to drive but I made it to my friends, Victor and Vi Thunderchild's house who took care of me as we waited for a phone call from the hospital. Thank you goes to the Corrigan family from Ile-a-la-Crosse who went to the hospital to check on him. Eventually, I got the call that he was being sent to Saskatoon by air ambulance. I picked up my son, Conrad in Martensville and we went to Royal University hospital in Saskatoon.

By this time, my stress level was so high and it was great to see Nick Daigneault who waited with us for Don's arrival. They checked his blood levels and did numerous other assessments and were puzzled as to why he was experiencing so much discomfort. At one point, it seemed they were questioning him as to the reality of his actual pain. To me, I could tell the pain he was experiencing was real. We stayed in the hospital until 1:30am and by then they had given Don some morphine so he was feeling somewhat better and told us to go get some rest.

Four hours later I was awakened by a phone call from the hospital and was asked to come right away as Don was not doing good and was in distress. I got there at 6:30am and by now he was on the 6th floor. He was in so much pain and he said whatever they are giving me for pain is not working. I told the nurses and they said they had already given him what they could for pain. Again, in his favour, a cardiologist, Dr. Bree, came in at the right time as she took control and requested an immediate angiogram. She came and talked to me and indicated it would take an about hour.

Shortly after, a nurse from Intensive Cardio Care unit came to get me as the doctor wanted to see me. It was then that we were told that Don needed immediate open heart surgery as they detected valve blockage on the left rear part of his heart. They informed us that the repair he needed to his heart was in a difficult area. By then, family and friends were arriving and we waited in the

family room during the 8 hour surgery. The surgeon, Dr. Thompson came to tell me that the surgery, although very difficult because of the location of repair, was successful. Thank you to our family and friends who were there with us. Grant and Sheryl Kimbley, although tired from a long trip the previous day, stayed with us through it all. They also gave us a monetary donation.

Don was kept in sedation for three days. Family and friends had to leave for work or other commitments. I was at the hospital for 12 - 14 hours a day and I am thankful that Lorna Arcand took some time every day to come and sit with me. Eventually, Don was transferred to the Cardio Care Unit on the 6th floor until he was discharged. He had a number of visitors there too and were treated to fish and bannock by Fred and Linda Campbell. Rick Laliberte brought Don a radio to listen to MBC. Victor and Vi auctioned one of her paintings and delivered financial support to us. Thank you to all who purchased from them.

In the meantime, there were so many well wishes coming in from everywhere with many thoughtful acts of kindness. We would like to thank each and every one who supported the group that held a bingo to offset some of our expenses. We read the notes from the bingo fundraiser and we are so very thankful for the workers, the people who donated cash/prizes and to the bingo players. I purposely will not list as I am afraid to miss someone but we know who was all responsible for the generous acts of kindness. While we were in the hospital, there was a very big snowfall and we were pleasantly surprised to not only receive a monetary gift from Darryl and Maggie Natomagan but also that Darryl had cleared the snow from our driveway.

I know this is a long submission but I wanted to stress a couple very important things. We all know our own bodies so if something doesn't feel right, take the time to follow up with medical assessment. If you are not satisfied with assessment based on what you are experiencing then get a second opinion. Don was headed to having a massive heart attack had the quadruple bypass not been done. It was not until the angiogram was done that it was diagnosed. Prior to that, we felt his pain and experience was being minimized. We have also been reminded that life goes on no matter what you are going through so no need to stress, although it is difficult. It was comforting to know that there were so many wonderful friends and family who offered prayers and sent us strength to get through this. Don is on his way to recovery and we will personally be thanking all of you soon. We are so fortunate to have so many loving and caring friends and family. Again, thank you!!

Don & Leda Corrigan & family

SGI Quick Facts - March 1st, 2018 - Distracted Driving - Is it worth the risk?

#JustDrive: Police on the lookout for distracted drivers, fines start at \$280

Hey, feel like flushing \$280 down the drain?

Of course not. So put down the phone and #JustDrive. Because police are really good at catching distracted drivers, with between 400 and 600 drivers every month fined for being on their phones or being distracted in other ways.

Distracted driving is the March Traffic Safety Spotlight and police across the province will be using a variety of tactics to catch distracted drivers in the act, including surveillance from unmarked vehicles and plainclothes officers on the sidewalks.

If you're on your phone, you'll never see them coming.

"Some people actually say it's okay for them to text and drive because 'I'm an experienced driver' or 'I'm good at multi-tasking,'" said Penny McCune, Chief Operating Officer of the Auto Fund. "Sorry, it just doesn't work that way. If you text and drive, you are 23 times more likely to be in a collision. Police know how big a problem distracted driving is and have significantly upped their efforts when it comes to catching drivers. It isn't a matter of *if* you'll be caught – it's a matter of *when*."

If caught using, viewing, holding or manipulating a cellphone while driving, drivers face a hefty \$280 fine. You can also be fined for distracted driving if you're distracted by something other than using a cellphone. So don't do anything else behind the wheel if it takes your attention away from the safe operation of a vehicle. That can include things like eating, reading, grooming, adjusting the radio, and tending to children or pets.

Don't you have better things to do with that \$280? You could pay for a week's worth of groceries, a night at the spa, a couple of dinners at a really nice restaurant with that special someone, or make a car payment. You could buy more than 100 double-doubles, or around 40 cartons of gourmet ice cream.

On top of the initial \$280 fine, each distracted driving ticket also costs you four Safe Driver Recognition (SDR) points – that means additional financial penalties or a loss of insurance discounts. If you're in the SDR Penalty zone, each lost point costs you \$50.

But wait... there's more! If the first ticket and SDR demerits don't teach you a lesson and you receive a second cellphone ticket within a year, you get a one-week vehicle seizure, and you'll foot the bill for towing and storage costs. (As hard as it is to believe, this actually happened 37 times in 2017. #SMH)

SGI Quick Facts - Distracted driving

- The penalty for holding, using, viewing or manipulating a cellphone while driving is \$280 + 4 demerits.
- Sask. police catch between 400 and 600 distracted drivers each month.
- Talking on a cellphone while driving makes you 3 to 6 times more likely to be in a collision.
- You may be charged for driving without due care and attention if an officer thinks your attention is not sufficiently on the task of driving.

In 2016 in Saskatchewan, 42 people were killed in collisions where distracted driving was a factor, and more than 1,200 people were injured. Statistics aren't available yet for 2017, but if you take a look around in traffic, it's clear there are still way too many people who haven't gotten the message to not check their messages while driving. (It's still a no-no even if you're stopped at a red light – you can be ticketed. Resist the urge!)

Experienced drivers can only use a cellphone if it is mounted to their visor or dash, and they use the voice-activated or one-touch function. Learner and novice drivers are not allowed to use a cellphone of any kind, not even hands-free.

SGI will be running ads throughout the year reminding drivers of the importance of putting

Continued from previous page

aside those distractions and just focusing on the road: Be part of the movement. Be part of the change. When you're behind the wheel, #JustDrive.

Real talk: the phone can wait. You don't need to be plugged in at all times, and no one expects you to get back to them if that means risking your life or the lives of your passengers. Lead by example and demonstrate to your friends and family that you care more about their safety than being on your phone while driving.

Follow these tips to keep our roads safe:

- Don't use your cellphone, even at a red light – the law applies whenever you're in control of a vehicle on a public road.
- Engage the "do not disturb while driving" feature – so those trying to reach you know you're behind the wheel and can't get back to them.
- Put the phone away – out of sight, out of mind. Silence your phone and put it out of reach.
- Delegate the distraction – let your passenger reply to messages and operate the radio and GPS.
- Call out friends and family – if you see them using a cellphone behind the wheel, speak up! It may save their life.
- #JustDrive – limit other distractions like eating and grooming.

Donuts Recipe

3 tbsp. Butter or Margarine
1 cup granulated Sugar
2 Eggs
1 cup Milk
1 tsp Vanilla

4 cups All purpose Flour
4 tsp Baking Powder
1/2 tsp Salt
1/2 tsp Cinnamon
1/2 tsp Nutmeg

Fat for frying

Roll out dough, 1/4 inch thick on floured surface. Cut out with doughnut cutter. Drop into hot fat a few at a time so as not crowd. When light brown, turn to cook other side. Fry "holes" too. Remove to tray lined with paper towel. Stand on edges to drain and cool. If you like your doughnuts sugared, put them in a paper bag with 1/4 cup granulated sugar and shake. For cinnamon flavor, add 1/4 tsp cinnamon to sugar. Makes 3 dozen.

Easy BBQ Sauce Recipe

1 cup Ketchup
1/3 cup Vinegar
1/3 cup Worcestershire Sauce
1/2 cup Brown Sugar
1 tsp Salt
2 tsp Mustard

See how easy it is to make your own BBQ sauce? Just pour the ingredients into a container, shake & viola! BBQ Sauce! Enjoy!

Easter Holidays

NORTHERN

Closed Good Friday

MDEEZ

Good Friday 10am to 9pm

Kitchen open 3:30 to 7:30pm

Easter Sunday

Regular hours - 10am to 10:30 pm

Kitchen closed

Easter Monday - 9am to 10pm

Kitchen Closed



POST OFFICE

Closed Good Friday & Easter Monday

VILLAGE OFFICE/BDI/RECREATION

Closed Good Friday & Easter Monday

CLINIC

Closed Good Friday & Easter Monday

CIPI

Closed Good Friday & Easter Monday

BRRRHA

Closed Good Friday & Easter Monday